

Welcome to Rebuild Physiotherapy - Downtown Toronto



A physiotherapy clinic in Toronto's Harbourfront District. The clinic is conveniently connected to the Toronto PATH system. Rebuild physiotherapy offers expert 1 on 1 care. A full 60 minute assessment and 30 minute treatments will guarantee that you get better as quickly as possible. From intake to discharge, your experience at Rebuild Physiotherapy is our top priority.

Eric Lau is committed to excellence in physiotherapy with top notch customer service. He will find the root cause of your injury and design a comprehensive treatment plan that is evidence based and proven to be successful. See one of Toronto's most trusted physiotherapist!

PHYSIOTHERAPY FOR ATHLETES

Rebuild Physiotherapy approach to sport injuries

Toronto is an active city with cutting edge gyms and sport leagues. Whether you are a cross fitter or softball player injuries can happen. Rebuild's sport physiotherapy approach is based in science and research. Using a combination of manual therapy, active release, acupuncture, and exercise conditioning we aim to get you back in your sport as quickly and safely as possible.



Therapists at Rebuild Physiotherapy are experienced at treating athletes. We will help you recover from your injury and get you back to the sport you love quickly and safely.

Eric enjoys working with athletes. He had worked extensively as an athletic trainer during his time at McMaster, working with the football, lacrosse, and swim teams. He was also a consulting physiotherapist with the Canadian National Basketball team. Eric is a firm believer in finding the root cause of an injury. If one was to only treat the symptoms the injury will surely return. The key is to find and address the cause of the injury to prevent the problem from coming back. Practising in downtown Toronto, Eric regularly treats working professionals and weekend warriors alike.

For more info visit our website :

<https://www.rebuildphysiotherapy.com/sport-physiotherapy-toronto>



Rebuild physiotherapy offers a free consult with a registered physiotherapist to discuss your issue and available treatment options that works for you. Contact our Toronto physiotherapy clinic today.

CONTACT INFO

Rebuild physiotherapy is conveniently located in Toronto's South Financial District with PATH accessibility. Visit Rebuild physiotherapy today!

- ❖ Address: 88 Queens Quay W #2500, Toronto, ON M5J 0B8
- ❖ Tel: (416) 888-1487
- ❖ Email: info@rebuildphysiotherapy.com
- ❖ Url: <https://www.rebuildphysiotherapy.com/>

OPENING TIMINGS

SUNDAY: Closed

MONDAY: 8:30 am-5:00 pm

TUESDAY: 8:30 am-5:00 pm

WEDNESDAY: 8:30 am-1:30 pm

THURSDAY: 8:30 am-5:00 pm

FRIDAY: 8:30 am-1:30 pm

SATURDAY: Closed

